REFKA OUATTAS

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Career Objective

My aim is to utilize my knowledge & experience of healthcare and apply it into the digital/online world & the community.

Education

- **January 2014 - May 2018-- Bachelor of Science in Nursing -- University of Calgary in Qatar**
- Clinical experiences & theoretical studies of canadian based nursing practice.

September 2007- December 2013: Middle & High school education. Dukhan English School, Qatar.

Experience

January 2021- August 2022–: Registered nurse in PACU, Hamad General Hospital (HGH), Hamad Medical Corporation (HMC)

- Learned critical care skills such as handlings of arterial lines, narcotics, preparing Patient Controlled Analgesia (PCA)
- Learned different types of anesthesia and its side effects and how to manage them.

November 2019- December 2020 – Registered Nurse in Hepatobiliary, Transplant and Vascular surgery ward, HMC

- Learned how to handle protective environment patients post-transplant and their care (I.e., immunosuppressant therapy)
- Learned new skills in vascular patients and how to take care of their wounds and pharmacological therapy (i.e., blood thinners therapy)
- Learned how to handle hepatobiliary patients before and post-surgery and their specific measures (i.e., looking for blood results factors)

May 2020- July 2020– Deployment to COVID emergency care, HGH -- HMC

- Handled emergency patients of all age groups that were diagnosed with Covid-19
- Worked under extreme environments and helped the country fight the outbreak of the virus

October 2018- November 2019 – Graduate Internship Program (GIP) -- HMC

- Rotated between medical, surgical, Rehabilitation and Cardiology wards as an intern

September 2016-April 2018: UREP project (Undergraduate Research Experience Program)

- Gained research experience
- Presented the findings in a local conference in Qatar

February 2017- Reach Out To Asia (ROTA) service trip to Indonesia

- Created and performed a 5 hour workshop to nursing students in Yogyakarta, Indonesia
- Renovated the clinical laboratory for studies to practice nursing skills
- Worked as a teacher with fellow nursing students in the workshop to teach the students information about Nursing Research

May 2016–May 2017 -- Vice President Social of the Nursing Student Society in Qatar (NSSQ) -- University of Calgary in Qatar

- Created social activities on campus (i.e. fright night)
- Held an acquaintance event for new students arriving to UCQ

Skills

Languages:

- Arabic: Speaking, Reading and Writing (Advanced)
- English: Speaking, Reading and Writing (Advanced)
- French: Speaking, Reading and Writing (Intermediate)

Certificates:

- Cerner Class
- Florence Nightingale Foundation Leadership Program
- Completed first aid and CPR training.
- Participation in ROTA
- Leadership award from UCQ
- Prometric Registered General Nurse

Accomplishments:

- Leadership Skills (Club C&E president, NSSQ Vice President Social)
- Effective therapeutic relationships.
- Critical thinking skills.
- Patient/client education.

Others:

- Cerner skills(medical digital documentation system). as well as advanced computer skills

References

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The people in the references are both clinical and foundation instructors who have been involved in my experiences of volunteering and being a leader, as well as being part of my clinical experiences in the hospital. They can provide evidence of my volunteer and leadership work, and information about my clinical work and leadership roles that I have attained during the clinical work.